

"FRIENDS, CARING, & SHARING"

a department of HUMAN RESOURCES

MAY 2020

As I sit here holed up in my new "home office", I marvel at how quickly things have changed these last few months. In a crisis of this magnitude I really must check my ego at the door and understand that having my position labeled "non-essential" doesn't equate to unimportant. It's all about attitude. Businessman, philanthropist, and self-help author W. Clement Stone said, "There is little difference in people, but that little difference makes a big difference. The little difference is attitude. The big difference is whether it is positive or negative."



The attitudes of our Ambassador members never changed though even in the face of this pandemic. You all stayed focused on the needs of each other and in your communities, never wavering on being "Citizens Wherever We Serve." This Senior Citizen highlights some of the many unique ways you have found to still serve in these unprecedented times.

As we all continue to adapt to the many changes that are coming at us every day, I ask that first and foremost take care of yourself and take care of your family. We are all here to support each other and our communities.

I'll close with a great quote from British writer and lecturer Alan Watts, "The only way to make sense out of change is to plunge into it, move with it, and join the dance.". Thank you, Ambassadors for joining the dance in these uncertain times.

Continue to stay safe and hope to see everyone soon.

Chris D'Andrea

Volunteer Services Manager

Ambassadors



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Altamaha - Hospital Thank You

The Altamaha chapter thanked all the frontline workers at Meadows Regional Hospital for their service during the COVID pandemic. Following all safety guidelines, the chapter set up a tent outside the employee entrance and provided treats along with words of appreciation as the night shift workers left work and the day shift entered. **Thank you Altamaha** for recognizing these superheroes.



Metro Central - Doris Cook

Metro Central Ambassador, Doris Cook, has been providing baked goods to her neighbors who are first responders in the fight against COVID. She has also been taking items to a nursing home to thank them for their role in the fight. Thanks Doris!







Golden Isles

Toni Metz of the Golden Isles chapter volunteered to take donated food to Sparrow's so far in 2020, plus a personal donation from herself and from the chapter's coordinator, Courtney Willis. Thanks Toni and all of the Golden Isles Ambassadors for providing much needed supplies and food for those in need.

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Statesboro - Mickie Deal

Mickie Deal, a retired Labor and Delivery nurse has been going above and beyond to serve her community. Here is her story.

"As most nurses can tell you, nursing isn't just a profession, it's our lives. The shortage of masks and other PPEs (personal protection equipment) is getting to be a critical concern. I asked my nurse-friend to talk to Risk-Management about the type of masks I would need to make for an emergency mask for the nurses and others. A short time later, I received an online free pattern site from Risk Management and I got to work cutting and sewing. I have to admit that when I first got the pattern, I was in such a hurry that I printed out the pattern that was a feature to



the acritical instead of the PDF true sized pattern and made almost 100 child-sized masks! They are going to be used in ER for the children (6-12) who come in with symptoms of a respiratory infection.

Labor and Delivery was supposed to receive the first batch, however, a retired RN coworker who now works at a small healthcare facility, called and they had NO masks at all. They were presented with the first batch instead.



Since beginning the project, I discovered that a friend of mine who owns a fabric shop had also contacted the hospital about making masks. She has started organizing teams to make masks so that all employees will have a line of defense.

I do have to brag on my husband, Jack Deal, who retired after working 48 years as a lineman and Safety Advisor from Georgia Power (a lineman for seven years in Texas). He is our local Georgia Power Ambassador President. He has been trimming, cutting threads, measuring and cutting elastic, and general quality control with the construction process.

As you can see, it does take a village for this project. As we all join forces, we hope to help our community and encourage others to do the same, even if it's staying home.

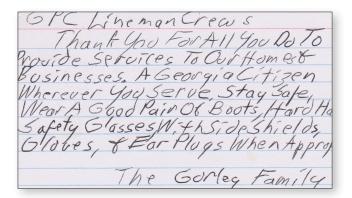
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Thank a Lineman

Several Ambassador members took part in the Thank a Lineman campaign in April. Some wrote personal letters and cards that were mailed to their local Operation Headquarters while others sent virtual notes thru the link provided by Georgia Power. Thank you to all who participated in this project.





Thank You Video



Citizens and Ambassadors

Being a Citizen Wherever We Serve has never been more necessary and apparent than during the current COVID-19 pandemic. Check out the great work that our Citizens and Ambassadors continue to do in our communities!!

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Join your local Ambassadors chapter

Chapter	President	Meeting Schedule
Altamaha	John Blewett	4th Thursday
Athens	Gene Ussery	1st Thursday
Augusta	Terry Reeves	2nd Tuesday
Columbus	Glen Gosa	3rd Monday
Golden Isles	George Ellis	3rd Tuesday
Heart of GA	Vivian Thomas	3rd Wednesday
Metro Central	Jim Weldon	2nd Tuesday
Metro East	Milton Smith	4th Wednesday
Metro North	Karen Powell	2nd Thursday
Metro South	Barbara Harness	2nd Monday
Metro West	Steve Hopkins	2nd Monday*
Northeast GA	Richard Webb	4th Wednesday
Rome	Audrey Wimberly	2nd Wednesday*
Savannah	Louise Grotheer	4th Tuesday
Sinclair-Oconee	JoAnne Clark	2nd Wednesday
South GA	Vicky Biles	3rd Tuesday**
Southwest GA	Alonzo Morman	3rd Thursday
Statesboro	Jack Deal	3rd Wednesday
West GA	Terry Parham	1st Tuesday
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^{*}Meets every other month beginning with even months

^{**}Meets every other month beginning with odd months